

Richard has worked across elite and development sport coaching environments in several continents. He shares a deep passion for supporting, challenging and stretching coaches along their learning journey while exploring more humanistic methods, experiential learning through action, curating transformational interactions and an underpinning in ecological dynamics principles and concepts to elicit skilled performance behaviours. Richard previously worked at the Australian Institute of Sport as skills acquisition specialist supporting Olympic coaches across Beijing and London games, helping coaches optimise their athlete learning and performance environments. A coaching development focus saw him manage professional coach development for England rugby (RFU) across several world cups, ensuring the continued professional development of England's professional coaches and National performance pathway coaching succession.

Richard has contributed to England football (FA) AYA coaching courses, Premier league (EHOC, ECAS), GB hockey men/women national coaches, SAS/SBS human performance instructor programme, and now supports Singapore Sport, CoachSG in transforming their coach education, development and support landscape. His Phd was in skill acquisition, exploring coaches' and players' experiential knowledge about skilled performance behaviour in elite rugby union to further our understanding of how to facilitate the design of more representative practice tasks. His research interests are around skilled behaviour, learning and decision making in sport and its application into coaching practice.