



## LUCA OPPICI

PhD



**Luca Oppici** is a postdoctoral researcher in the department of teacher education and outdoor studies at the Norwegian School of Sport Sciences. His main research interests lie in the area of motor learning and control, the development of pedagogies to promote learning, and motor rehabilitation. Luca's current research focuses on the Environmental Enrichment paradigm, integrating interdisciplinary principles and perspectives to emphasize the pivotal role of the environment in designing effective learning tasks. Luca is applying this paradigm in a European-funded project that develops innovative home-based interventions for stroke rehabilitation across Norway, Sweden, Latvia, and Portugal.

Luca is also applying the Environmental Enrichment paradigm to learning design in school settings. He is also co-coordinating an innovative online course in the field of motor learning, control, and their practical ramifications. Luca obtained his PhD in Australia in 2018, and has since then had postdoctoral experiences in Cambodia, Germany, and now in Norway. In his leisure time he likes to do gardening, play and travel with his family, and philosophize about more sustainable and joyful ways of living.