



## EDWARD COUGHLAN

PhD



**Edward** is a senior lecturer in Coaching Science and Skill Acquisition at Munster Technological University (MTU), Cork, Ireland. He leads a research team in Skill Acquisition within the HExSpo research group at MTU. Edward is a published academic in the domain of Skill Acquisition in peer-review journals and edited books. He is a founding member of Movement & Skill Acquisition Ireland.

As a coach for over 30 years, he works with athletes on manipulating the practice environment to develop adaptable behaviours for the performance setting. Edward is a regular contributor to the media as a Skill Acquisition Specialist across podcasts, radio, television and newspaper outlets.